BODY & SOUL

MYFIRSTKISS

"I was 13 and it was terrible. I think I still have a scar on my lip from it! The relationship lasted around a week."



MY LATEST SPLURGE

"£800 on a flight to LA. My boyfriend. Danny O'Reilly, is in a band called The Coronas and they're recording an album there. The whole trip was a bit last minutel"

MY FAVOURITE FANCY DRESS OUTFIT

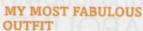
"My friends threw me a surprise party for my birthday last year. It was Alice In Wonderland themed and they dressed me as Alice. I had a bow in my hair, an apron and knee-high socks."

Laura Whitmore

The new I'M A CELEB! spin-off host, 26, on bad kisses and THE HOFF

MY BEST EVER FREEBIE

"A pair of black Jimmy Choos with a diamanté heel. I was initially lent them for a premiere, but I was allowed to keep them. They were my first pair of designer shoes and I can wear them with everything."



"A one-off black dress I wore to the Brits last year. It had big shoulders and a tight waist. I bought it from a pop-up shop in Camden for £70 and added a ribbon to it. I knew I'd be sharing the red carpet with Lady Gaga so I had to look good!"

"David Hasselhoff. I was more excited about meeting him than I was when I met Justin Timberlake or P Diddy! I think it's because I loved Knight Rider and Baywatch when I was growing up.



MY HANGOVER CURE

"Water before bed. I keep bottles ready in my room."

THE SMELL THAT MAKES ME FEEL LIKE ID AGAIN

"Cupcakes. They remind me of birthday parties when I was little. I love baking - I take what I make to work.

MY MIRACLE BEAUTY BUY

"Mac Russian Red Lipstick, £13.50 [right]. When I'm going out, I just put it on and I'm ready. And black Rimmel eyeliner pencils I've used them since I was 13!"

 We caught up with Laura at the opening of Republic's Westfield Stratford City store. I'm A Celebrity! starts tomorrow.